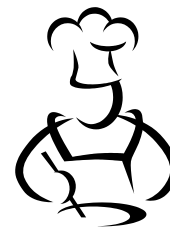


This four week module includes the final night for the third term. During the first three sessions the girls will learn how to prepare and serve desserts, coffee and tea. The fourth evening, which will include the presentation of Awards earned throughout the term, will also give the girls the opportunity to put into practice the skills learned in the three previous weeks.

**Aim**

The purpose of this Award is to teach the girls:

- Basic skills of entertaining guests.
- Preparation and presentation of desserts.
- How to make and serve coffee and tea.
- How to work in a team so all tasks are covered
- Appropriate table etiquette and manners.
- How to be a good hostess
- Prepare and rehearse a small speech or presentation
- The importance of hospitality

Objectives

- At the end of this module girls will have learnt to prepare and present three different desserts at a special evening honouring their parents.
- They will have practiced and then demonstrated appropriate table etiquette and manners and good hostessing skills.
- They will have the skills for applying a biblical principal to everyday life.

Planning and Preparation

Spend time on contacting and bringing in the right people to teach the various skills required over the four weeks. The people need not necessarily be qualified within the hospitality industry, but they will need to be able to communicate and demonstrate (with confidence and appropriate experience), the various required skills and tasks to put on an impressive dessert banquet, as well as be able to teach how to clean up and complete dishwashing in an efficient manner.

The last night of the term is the Awards presentation night. Remember to send out formal invitations, completed by the girls, to parents/care givers or grandparents on the first night of the module.

Coach's Tip:

Invitations printed on classy paper will set the tone for a special evening

Work out duty lists so all tasks are covered and every girl has her part to play:

- Door meeters and greeters
- Seaters
- Welcomer
- Grace sayer
- Servers

- Plate clearers
- Washer uppers
- Room cleaner uppers
- Trainers thanker
- Parents thanker

Coach's Tips:

Bring in three trainers. One to teach the dessert creations, one with waitress/hostess experience or training, to teach the skills and tasks of a hostess and how to make and serve the hot drinks, and one other person to teach the girls how to make a short speech or presentation.

The girls should be split into groups and rotated so that they get to make each dessert (one a week), and also learn the other skills being taught.

This strategy leaves you as leaders free to provide the trainers with any assistance they may require.

Allowing the girls to make and sample their practice desserts each session will add to the fun.

Procedure

Over the first three nights follow this suggested format and the evening should go smoothly:

- Pre Set Up: informal games as girls arrive
- Set Up : 10 minutes Introduce each trainer and explain programme
- Devotions: 20 minutes
- Dessert making, hostess and speech presentation skills: 40 minutes
- Game: "Fruit Salad" 10 minutes
- Conclusion and home time

Dessert suggestions:

Choose three from the following list or you may wish to use your own personal favourites:

- Filled brandy snaps (*bought ones*)
- Cheesecake (*this could be frozen and kept till the dessert night*)
- Ice cream and chocolate lattice (melted chocolate dripped in a lattice pattern onto a chilled grease paper covered tray and placed in the fridge until set.)
- Fresh fruit salad or fruit kebabs
- Cut fruit platter
- Chilled strawberries dipped in hot chocolate
- Ambrosia
- Pikelets with jam and cream (*these could be frozen*)
- Fruit muffins (*these could be frozen*).

Dessert Night:

On the final night of the term arrange for the girls to arrive early in full uniform (with an apron) to complete final preparations

- Set the hall or room up in a café style with groups of chairs around a few low tables if possible. If the room is too big you will lose the intimate feeling, so keep the group in a room that is appropriate to the number of "guests". Flowers and candles on the tables will add to the ambiance.

- The parents should be all dressed up and arrive one hour after the girls and be shown to their table
- Welcome and grace
- Have the desserts displayed out on the tables ready for the girls to serve
- After they have finished their desserts girls to collect up the plates and take the parents' "orders" for tea or coffee.
- Awards may be presented once coffee has been served.
- Complete table clearing.
- Devotional presentation
- Senior Leader thanks guests for coming, makes announcements and gives notices regarding the next term.
- Parents may choose to go home or to stay and network, ask leaders questions etc.

Equipment needed:

- Tables/chairs, tablecloths.
- Crockery, cutlery. Food prep and serving utensils.
- Desserts.
- Washing up liquid, dish cloth & tea towels etc.
- Serviettes.
- Coffee, Tea, Milk Sugar etc.

Coach's Tip:

Prepare notices regarding next term's activities ready to hand out to parents on final night.

Game: Fruit Salad

Girls line up in two teams and partner off. They then sit on the floor with their legs outstretched, feet touching their partner's. Each partnership is given the name of a fruit - peach, banana, apple etc. When the leader calls out the name of their fruit the two girls race up the middle to the front of the line over the outstretched legs, peel off and run along behind their team to the back of the line and then up the middle again back to their place.

When "Fruit Salad" is called everyone runs at the same time. It makes sense to have leaders stationed in strategic positions to prevent "short cuts".



Devotions: Weeks Seven to Ten

"Hospitality"

The Bible has given us the mandate to provide hospitality. Lead the girls in a discussion on what hospitality might mean.

Help them find verses in the Bible where hospitality is mentioned.

- ❖ Hebrews Chapter 13: V 1 - 2
- ❖ Romans Chapter 12: V 13
- ❖ 1 Peter Chapter 4: V 9

Write these verses on three separate pieces of paper and fold

- ❖ List all the excuses people might have not to show hospitality
- ❖ List all the people who would be glad to receive hospitality
- ❖ List the ways people can be hospitable

Write these lists on three separate pieces of paper and fold

Tell the girls that they will be putting on a presentation on Dessert Banquet Night that will show their parents that the Bible tells us to be hospitable. Suggest they put on a play or make up some poems to read out, or write a song to sing or rap.

Use the same three groups as for the other activities. Each group chooses one folded paper with a verse and one folded paper with a list and uses these to base their presentation on.

Guide and help but do not take over. The girls will come up with their own ideas. They need to have decided at this first session what they are going to be doing so they have the following two weeks to practice ready for their final night presentations.